Since it’s creation in 2006, AAUW Trekkers has hiked or walked in many beautiful spots in the Hudson Valley. Below is a list of these locations:

“THE TRAILS WE HAVE TROD...”

Locust Grove/Samuel Morse Historic Site, Poughkeepsie
Vanderbilt Mansion, Hyde Park
Franklin D. Roosevelt National Historic Site, Hyde Park
Wappinger Creek Greenway Trail, LaGrange
  Mohonk Preserve, Ulster County
  Dennings Point, Beacon
  Manitoga, Garrison
Stissing Mountain/Thompson Pond
James Baird State Park, LaGrange
Amenia Harlem Valley Rail Trail
Taconic-Hereford Multi-Use Area, Pleasant Valley
Clarence Fahnestock State Park, Putnam County
  Nuclear Lake, Pawling
  Alden Point/Marica Mile, Putnam County
Eleanor Roosevelt’s Val-kill/Top Cottage, Hyde Park
Norrie Point to Mills Mansion, Staatsburg
Kayaking off Kingston Point Beach, Kingston
Institute of Ecosystem Studies/Carey Arboretum, Millbrook
  Peach Hill Park, Poughkeepsie
  Tivoli Bays, Tivoli
  Vassar Farms, Poughkeepsie
Dutchess Rail Trail, Town of East Fishkill
  Tymor Forest, Unionvale
  New Paltz Rail Trail
Poughkeepsie Rural Cemetery
Thomas Cole National Historic Site, Catskill
  North/South Lake, Catskills
  Esopus Meadows Preserve
Black Creek Preserve, Esopus
Minnewaska State Park Preserve, New Paltz
  Pawling Nature Preserve
Hudson Highlands Gateway Park
  Olana Historic Site, Hudson
Mark Twain House & Museum/Harriet Beecher Stowe House & Museum
  Elizabeth Park Rose Gardens, Hartford, CT
  Carnwath Farms, Wappingers Falls
Teatown Lake Reservation, Westchester County
Poet’s Walk & Montgomery Place, Red Hook
  Hi-Line & Central Park Walks, NYC
Franny Reese State Park
Walkway Over the Hudson, Poughkeepsie
Innisfree Gardens, Millbrook
Wethersfield House & Gardens, Amenia
Dover Stone Church & Harlem Valley Rail Trail
Old Croton Aqueduct, Dobbs Ferry
Sterling Forest Fire Tower Trail, Tuxedo
Shaupeneak Ridge, Ulster County
Sam’s Point Preserve/Verkeerder Kill Falls, Catskills
Overlook Mountain Fire Tower Trail, Catskills
Cornish Estate/Little Stony Point, Putnam County
Buttercup Farms Sanctuary, Stanford
Bulls Bridge/Housatonic River, Kent, CT
Vassar College Campus
Highland Rail Trail
Mid-Hudson/Walkway Over the Hudson Bridge Loop Walk
Dutchess County Rail Trail