

Join us to learn more about a Poughkeepsie AAUW sponsored program.

## *Poughkeepsie Mothers Project: Mothers are Creating the Future of the World*

**Presented by Kay Bishop, CNM**

Founder of the Mothers Project and AAUW member



**January 14, 2021  
7:00 pm by Zoom**

AAUW Members will be sent an email to register for this program, non-members can register at [www.aauwpoughkeepsie.org](http://www.aauwpoughkeepsie.org) after December 15<sup>th</sup>.

**Poughkeepsie Mothers Project** envisions a community where women have the resources and knowledge to determine their own and their families' health outcomes. We seek to develop this vision through education, wellness, and connections to community resources, in the context of community healthcare. AAUW has been the main support for the Mothers Project since its very beginning and has helped it to grow into its current form.



Hear about how the Mothers Project is helping new mothers in Poughkeepsie, and join a panel discussion to let us know the best advice to give to new mothers!

Go to our website, [www.pokmothersproject.org](http://www.pokmothersproject.org), for more information about the programs of the Mothers Project.

**Kay Bishop** is the founder of Poughkeepsie Mothers Project. She has been a certified nurse midwife for 22 years. Kay believes that mothers are creating the future of the world, and, as we treat our mothers and children, so we are developing the future for ourselves and our communities. She provides prenatal, postpartum, gynecological and family planning care for women at Hudson River Healthcare (now Sun River Health) in Poughkeepsie.

**Questions:** Sandy Lash 845-227-4650 [sjlash@optonline.net](mailto:sjlash@optonline.net) or Marcine Humphrey 845-485-7697 [marcine.humphrey@gmail.com](mailto:marcine.humphrey@gmail.com)